FORM 3

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL							
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

						,	estinent company Act of 1340						
Sta			2. Date of Eve Statement (M 10/21/2021	Month/Day/		3. Issuer Name and Ticker or Trading Symbol NAUTILUS, INC. [ NLS ]							
(Last)	(First)	(Middle)											
C/O NAUTILUS, INC.					Relationship of Reporting Person(s) to Iss (Check all applicable)			suer		5. If Amendment, Date of Original Filed (Month/Day/Year)			
17750 SE 6TH W	AY					X	Director		10% Owner				
,							Officer (give title below)		Other (specify	below)	6. Indi		p Filing (Check Applicable Line) ne Reporting Person
(Street)											_ ^	,	lore than One Reporting Person
VANCOUVER	WA	98683										Form filed by iv	ore than One Reporting Person
(City)	(State)	(Zip)											
Table I - Non-Derivative Securities Beneficially Owned													
				2. Amount Owned (Ins	of Securities Beneficially str. 4)	Di	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)				
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)													
, , , , , , , , , , , , , , , , , , , ,		Exp	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underly Security (Instr. 4)		erlying	g Derivative			5. Ownership Form: Direct (D) or Indirect (I)	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
		Date Expirat Exercisable Date		Expiration Date	Title	Title		Amount or Number of Shares			(Instr. 5)		

Explanation of Responses:

Remarks:

No securities are beneficially owned.

/s/ Aina E. Konold, Attorney-in-Fact for 11/05/2021 Kelley Hall

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Exhibit 24

LIMITED POWER OF ATTORNEY

The undersigned hereby constitutes and appoints Aina E. Konold and Alan L. Chan, as long as they are providing services to Nautilus, Inc., a Wi

(1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4 and 5 in a

do and perform any and all acts for and on behalf of the undersigned that may be necessary or desirable to complete and execute any such Forms

(3) take any other action of any type whatsoever in connection with the foregoing that, in the opinion of such attorney-in-fact, may be of benefit The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform each and every act and thing whatsoever The undersigned agrees that each such attorney-in-fact may rely entirely on information furnished orally or in writing by the undersigned to each such attorney in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 21st day of October, 2021.

/s/ Kelley Hall

Name: Kelley Hall