FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL							
OMB Number: 3235-01							
Estimated average burden							
hours per response:	0.5						

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Navarro Carlos Requiring S (Month/Day			Date of Event equiring Staten Month/Day/Year 1/14/2019	nent	3. Issuer Name and Ticker or Trading Symbol NAUTILUS, INC. [NLS]							
(Last) NAUTILUS,	(Last) (First) (Middle) NAUTILUS, INC.				Relationship of Reporting Perso (Check all applicable) Director		on(s) to Issuer 10% Owner		5. If Amendment, Date of Original Filed (Month/Day/Year)			
17750 SE 6TH WAY					X Officer (give title below)	pelow)	Other (specify below)		6. Individual or Joint/Group Filing (Check Applicable Line)			
(Street) VANCOUVER WA 98683		98683			VP & GM, Di		irect		X Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)										
Table I - Non-Derivative Securities Beneficially Owned												
1. Title of Security (Instr. 4)					. Amount of Securities Beneficially Owned (Instr. 4	1)			4. Nature of Indirect Beneficial Ownership (Instr. 5)			
No securities beneficially owned					0		D					
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)												
1. Title of Derivative Security (Instr. 4) 2. Date Exerc Expiration Da (Month/Day/Y			ate	and 3. Title and Amount of Secu Underlying Derivative Secu		ity (Instr. 4) Conve		rcise Form:		6. Nature of Indirect Beneficial Ownership (Instr. 5)		
			Date Exercisable	Expiratior Date	n Title		Amount or Number of Shares	Price of Derivativ Security	ve	Direct (D) or Indirect (I) (Instr. 5)		

Explanation of Responses:

Remarks:

/s/ Wayne M. Bolio, Attorneyin-fact for Carlos Navarro 01/15/2019

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).