



November 3, 2004

## **The Nautilus Group To Present At Lehman Brothers Small Cap Conference In Scottsdale**

VANCOUVER, Wash. - (November 8, 2004) - The Nautilus Group, Inc. (NYSE: NLS), a leading marketer, developer, and manufacturer of branded health and fitness products, today announced that Gregg Hammann, chairman and chief executive officer, will be presenting at the Lehman Brothers 2004 Small Cap Conference, November 17-19, 2004, at The Phoenician in Scottsdale, Ariz.

The Nautilus Group investor presentation is scheduled for 10:00 a.m. MST (12:00 noon EST, 9:00 a.m. PST) Wednesday, November 17, 2004, and will be webcast live at [http://customer.nvglb.com/LEHM002/111704a\\_rk/default.asp?entity=Nautilus](http://customer.nvglb.com/LEHM002/111704a_rk/default.asp?entity=Nautilus).

In addition, the audio portion of the presentation will be archived online on the Investor Relations section of the Company's website at [www.nautilus.com](http://www.nautilus.com).

### **About The Nautilus Group**

Headquartered in Vancouver, Wash., The Nautilus Group, Inc. (NYSE:NLS) helps people achieve a fit and healthy lifestyle through proper exercise, rest and nutrition. With a brand portfolio that includes Nautilus®, Bowflex®, Schwinn®Fitness, StairMaster®, and Trimline®, The Nautilus Group manufactures and markets a complete line of innovative health and fitness products through direct, commercial and retail channels. The company was formed in 1986 and had 2003 revenues of about \$500 million. It has nearly 1,100 employees and operations in Washington, Colorado, Oklahoma, Texas, Illinois, Virginia, Switzerland, Germany, United Kingdom, Italy, and other locations around the world. More information is at [www.nautilus.com](http://www.nautilus.com).

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