



October 8, 2004

## **Nautilus Group to Announce Results for Third Quarter Ended September 30, 2004**

VANCOUVER, Wash., Oct 8, 2004 (BUSINESS WIRE) -- The Nautilus Group, Inc. (NYSE:NLS), a leading marketer, developer, and manufacturer of branded health and fitness products, will announce 2004 third quarter results Tuesday, October 26, 2004. The Company will also provide a teleconference and webcast to discuss these results and additional details.

The conference call is scheduled for 5:00 p.m. EDT (2:00 p.m. PDT) October 26, 2004. It will be broadcast live over the Internet hosted at <http://www.nautilusgroup.com/ir/events.asp> under "Investor Relations/Events Calendar" and will be archived online within one hour after completion of the call. In addition, listeners may call 800-218-0713 from anywhere in North America, and 303-262-2130 from outside North America. Participants will include Gregg Hammann, Chairman and Chief Executive Officer, and Rod Rice, Chief Financial Officer.

A telephonic playback will be available from 7:00 p.m. PST October 26 through 11:59 p.m. PST, November 9, 2004. North American callers can dial 800-405-2236 and other international callers can dial 303-590-3000 to hear the playback. The passcode is 11010495#.

### **About The Nautilus Group**

Headquartered in Vancouver, Wash., The Nautilus Group, Inc. (NYSE:NLS) helps people achieve a fit and healthy lifestyle through proper exercise, rest and nutrition. With a brand portfolio that includes Nautilus(R), Bowflex(R), Schwinn(R) Fitness, StairMaster(R) and Trimline(R), The Nautilus Group manufactures and markets a complete line of innovative health and fitness products through direct, commercial and retail channels. The company was formed in 1986 and had 2003 revenues of about \$500 million. It has nearly 1,100 employees and operations in Washington, Colorado, Oklahoma, Texas, Illinois, Virginia, Switzerland, Germany, United Kingdom, Italy, and other locations around the world. More information is at [www.nautilusgroup.com](http://www.nautilusgroup.com).

This press release includes forward-looking statements. Factors that could cause The Nautilus Group's actual results to differ materially from these forward-looking statements include availability of media time and fluctuating advertising rates, a decline in consumer spending due to unfavorable economic conditions, expiration of important patents, its ability to effectively develop, market, and sell future products, its ability to effectively identify and negotiate any future strategic acquisitions, its ability to protect its intellectual property, unpredictable events and circumstances relating to international operations including its use of foreign manufacturers, government regulatory action, and general economic conditions. Please refer to our reports and filings with the Securities and Exchange Commission, including our most recent annual report on Form 10-K and quarterly reports on Form 10-Q, for a further discussion of these risks and uncertainties. We also caution you not to place undue reliance on forward-looking statements, which speak only as of the date they are made. We undertake no obligation to update publicly any forward-looking statements to reflect new information, events or circumstances after the date they were made or to reflect the occurrence of unanticipated events.

**SOURCE:** The Nautilus Group, Inc.

The Nautilus Group, Inc.

Ron Arp, 360-418-6169

or

Integrated Corporate Relations, Inc.

John Mills, 310-395-2215 or 203-222-9013

Copyright (C) 2004 Business Wire. All rights reserved.

News Provided by COMTEX